

A Culture of Connection and Caring

When you invest in people, greatness is achieved by individuals, groups and organizations.

Benefits of Workshop Series

1. To identify, explore and connect with individual and organizational values
2. To gain enhanced awareness of the role of connection, empathy and play in the workplace
3. To provide the opportunity to authentically connect and experience play (a surprisingly key component to productivity)
4. To cultivate a more united, connected team

Workshop Modules: Your investment

MODULE	TIME	CONTENT
Module A: Meet and Greet	1 hour	Pre workshop homework and reflections
Module B: Values Exploration	5 hours	<ul style="list-style-type: none">• Understanding Core Values (personal and organizational)• Implications and benefits of cultures with organizational health (trust)
Module C: Hands-on Integration	5 hours	<ul style="list-style-type: none">• Understanding emotional culture (connection, empathy, play)• Opportunities to engage in play

Kristina Beauchesne

Workshop Facilitator

- Mother, wife, daughter and educator
- Dedicated hockey mom
- Ambivert
- Passionate about Family and Friends
- Exercise enthusiast
- Fascinated by interpersonal dynamics

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